

July 2009

Welcome Young Adults -

My name is Tiffany Watson and I am the current chairperson for the Young Adult Ministry Committee. Young Adult Ministry (YAM) serves the ages of 18-39, both single and married.

Young adult ministry is essential in helping to fill that void in our spiritual lives that many of us experience after leaving college and campus ministry. We want something more than simply going to church and want to become involved in parish life but are unsure how to start. I find YAM to help orientate young adults who are entering the "real world" by making them feel part of a community. For me, I enjoy Young Adult Ministry because it enables me to become involved in service, spiritual, and social activities and to make new friends.

After college I was unsure what direction my life would take me. I was attending church but did not feel part of the community. By becoming involved in Young Adult Ministry, I discovered the riches of the community through the events that were offered and the people that I met. I saw the need for my parish to have a group for young adults and helped create a young adult ministry group for my former parish. It was from this experience that I realized just how important this ministry is for young adults. I also discovered that wanting to be more involved and even helping to plan YAM events was as much fun as attending them!

The Office of Campus and Young Adult Ministry is staffed by David Kauffman and Lisa Draucker. This website has plenty of YAM information, and you can contact David and/or Lisa at cyam@richmonddiocese.org for additional help. You may also contact me at DRE@holymfamilyvb.org. We will get you in touch with a Parish Contact person in your area who will inform you of upcoming events.

We look forward to hearing from you and also meeting you at the next YAM event!